

Therapeutic Use Exemptions



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AGENCY

play true

What?

As an athlete, you may have an illness or condition that requires a particular medication. If this medication appears on the Prohibited List, you may be granted a **Therapeutic Use Exemption (TUE)** which gives you permission to take it.



Why?

TUEs ensure that you are able to obtain treatment for a legitimate medical condition—even if that treatment requires a prohibited substance or method.

The TUE process avoids the risk of sanctions due to a positive test.

Who?

Any athlete who may be subject to doping control must request a **TUE before** taking a prohibited medication. All information in this request remains strictly confidential.



When?

An application must be made at least **30 days before** taking part in an event. In exceptional cases or true emergencies, a TUE may be approved retroactively.

**30 days before
your event**

The TUE Process

See over for
TUE tips



- 1 Request a **TUE form** from your relevant anti-doping organization (ADO) or through ADAMS.*
- 2 Your **physician** fills out the TUE form and you send it back to your ADO.
- 3 Once a TUE is requested, a panel of experts selected by the **ADO reviews** your request and will grant a TUE if:
 - Your health will be significantly impaired if you do not take the substance.
 - The substance does not enhance your performance beyond what brings you back to normal health.
 - There are no alternative treatments available.
- 4 The **ADO advises** if you can take the requested medication or not. In the case of a denied request, you will be informed of the reasons. You have the right to appeal the decision.

* Who do I contact / where do I return my form?

National-level athletes:
National Anti-Doping Organization (NADO)
International-level athletes:
International Federation (IF)

Find out more at wada-ama.org

TUE tips

during doping control

Declare the approved medication on your Doping Control Form.

Specify that a TUE has been granted.

Show a copy of the TUE approval to the doping control officer.

The procedures for applying for and granting a TUE are outlined in the International Standard for TUEs published by WADA. You may also contact your IF or NADO for more information.

Note: WADA does not grant TUEs.



In the case of any discrepancy between this information and the World Anti-Doping Code, the Code prevails. This information is subject to change at anytime. Always check with your International Federation, National Anti-Doping Organization or National Federation for the most up-to-date anti-doping regulations.

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