



International
Olympic
Committee



**INTERNATIONAL
PARALYMPIC
COMMITTEE**



BEIJING 2022™



BEIJING 2022™

THE PLAYBOOK

ATHLETES AND
TEAM OFFICIALS

YOUR GUIDE TO A SAFE
AND SUCCESSFUL GAMES





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WHO IS THIS PLAYBOOK FOR?

PLAYBOOK FOR ATHLETES AND TEAM OFFICIALS

| | |
|-----------------------------------------------------|------------------|
| Athletes | (Aa) |
| Alternate Athletes | (Ap) |
| Team Officials and Additional Team Officials | (Ao, Ac and ATO) |
| Training Partners, Personal Coaches and TAP-holders | (P) |
| Athlete Competition Partners for Paralympic Games | (Ab) |
| Chief Team Physicians for Paralympic Games | (Am) |
| Village Administration Pass-holders | (NOC, NPC) |
| Athlete Chaperones | (NOC, NPC) |





STRONGER TOGETHER

This Playbook is the basis of the game plan to ensure that all Olympic and Paralympic Winter Games participants and the people of China stay safe and healthy for the Games. It has been developed jointly by the Beijing 2022 Olympic and Paralympic Games Organising Committee (Beijing 2022), the International Olympic Committee (IOC) and the International Paralympic Committee (IPC), in close collaboration with the Chinese Government and relevant authorities.

The principles and COVID-19 countermeasures are based on the extensive work of an international working group, in collaboration with scientific experts and organisations from across the world. They build upon the experience of International Federations (IFs) and sports event organisers who have enabled other successful large-scale events to take place. The measures have been developed taking into account your needs.

The success of the Games depends on each of us taking responsibility for following the Playbook. The rules apply in the same way to every athlete and official, just as they apply to all other Games participants.

The vaccination policy, a 'closed loop' management system and regular testing are among the vital elements that will enable the Games to take place safely. Please take time to understand the plans, the steps you must take and the rules you must follow. More detailed information will also be shared by your National Olympic Committee (NOC)/National Paralympic Committee (NPC) between now and the Games, with an updated Playbook published in December.

If you have been to the Games before, we know this experience will be different in a number of ways. But it will also provide the world's most powerful display of unity – a joyful rendezvous on pure ice and snow, showcasing winter sport at its very best. With your efforts and dedication, we will once again celebrate excellence, friendship and respect – inspiring millions of spectators around the world. #StrongerTogether, for a shared future.

Thank you and see you at the Games!

Emma Terho

Chair – IOC Athletes' Commission

Chelsey Gotell

Chair – IPC Athletes' Council

Yang Yang

Chair – Beijing 2022 Athletes' Commission

Rules are subject to change. This Playbook is written under the current understanding of the IOC, IPC and Beijing 2022, based on the current requirements in China and the foreseen situation at the time of the Games. Changes may need to be made in the future, in collaboration with the Chinese authorities, to ensure any evolution of conditions and regulations are fully taken into account. An updated version will be published in December 2021.



WHEN DO ELEMENTS OF THE PLAYBOOK COME INTO EFFECT?

| | | 4 February Opening Ceremony | 20 February Closing Ceremony | 4 March Opening Ceremony | 13 March Closing Ceremony |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| <p>Now Until 3 January 2022</p> | <p>Pre-Games 4 January – 22 January 2022</p> | <p>Olympic Games-time 23 January – 23 February 2022</p> | | <p>Paralympic Games-time 24 February – 16 March 2022</p> | |
| <p>Vaccination: You are required to be fully vaccinated* at least 14 days prior to departure</p> <p>Flights: Flights must be direct to Beijing (without stopover in another Chinese city). Games-time policy for identifying close contacts on an airplane is applicable</p> <p>Visas: Visa required for entry; Beijing 2022 will assist with invitation letter and visa application</p> <p>Pre-departure tests: Nasopharyngeal (nose) PCR test required within 72 hours of departure; additional tests and documentation required for stakeholders who have previously contracted COVID-19</p> <p>Closed loop system: Fully vaccinated Games participants exempt from 21-day 'hard' quarantine; closed loop management system will be in place on arrival with accommodation, transport and venues to be visited agreed with Beijing 2022 in advance; free movement allowed after 21 days as long as the integrity of the loop has been maintained</p> <p>Testing: Test on arrival and daily oropharyngeal (throat) PCR tests for COVID-19 within the closed loop</p> | <p>Same principles apply as for visits during 'Olympic Games-time' with the exceptions noted below</p> <p>Visas: Olympic and Paralympic Pre-Valid Card will act as an entry document or visa waiver into China, otherwise you will need to apply for a visa</p> <p>Closed loop system: The number of venues that you will be able to visit inside the closed loop system will be increased to allow you to deliver the operational plan; flexibility will include being able to visit several venues per day and to work at venues where other Games participants are also present</p> | <p>Playbook: All principles from the Playbook will come into effect</p> <p>Vaccination: You are required to be fully vaccinated* at least 14 days prior to departure</p> <p>Closed loop system: Fully vaccinated Games participants exempt from 21-day 'hard' quarantine; closed loop management system will be in place for the entire duration of stay. You will be subject to daily health monitoring and testing and only allowed to travel in dedicated vehicles between permitted destinations</p> <p>Playbook principles: All overarching Playbook principles and specific measures for each stage of the journey will be in effect</p> | | <p>Playbook: All principles from the Playbook remain in effect, as applied for Olympic Games-time</p> <p>Closed loop system: Remains in place for the entire period. For Games participants who have an operational need to stay in China after 16 March, services will be maintained. Further details will be available, no later than the December update of this Playbook</p> <p>Leaving/returning to China: You are not required to exit China after the Olympics and re-enter the country for the Paralympics, but are allowed to do so. If you choose to leave and re-enter you must recomplete all pre-departure testing and entry requirements</p> | |

*Vaccinations should be approved by the World Health Organisation or relevant international organisations or by the relevant national/regional authorities

PRINCIPLES



VACCINATION

Vaccines are proven to reduce infection with and transmission of COVID-19 and are a key tool in enabling activities to be carried out safely. It will be mandatory to be fully vaccinated at least 14 days prior to departure for China, in order to be allowed in the closed loop system (see pages 8-9) without quarantine.

Participants are considered *fully vaccinated* according to the requirements of their country/region of residence (which may be with one, two or three vaccinations, depending on the requirements, type of vaccine and their personal medical history) or if not eligible for full vaccination according to the requirements of their country/region of residence, due to proven previous infection. Anyone not fully vaccinated according to the requirements of their country/region of residence will need to quarantine for 21 days upon arrival in Beijing.

Exceptions may be granted for athletes and team officials on a case-by-case basis, based on medical reasons*. The detailed criteria for a medical exemption will be established by a joint panel of medical experts nominated by Beijing 2022 and the IOC/IPC and shared with your NOC/NPC. The process will include a rigorous review and examination of the exceptional situation by the medical panel. Those eligible for such exemption will be entitled to the same closed loop management as those who are vaccinated.

The IOC and the IPC are working with the NOCs and NPCs to encourage and assist all Games participants in their territories to get vaccinated before they go to China, in line with national immunisation guidelines. Most national governments/regional authorities have already taken positive steps in this respect.

The IOC continues to support NOC and NPC access to vaccine doses. Please contact the IOC NOC Relations Department for any questions.

*Be ready to provide any necessary official medical documents from health authorities of your country/region of residence to the joint expert panel of the IOC, IPC and Beijing 2022 for review. More guidance on the medical exemption for vaccination will be available when confirmed, no later than the December update of this Playbook



CLOSED LOOP

A special system has been defined to keep Games participants and the people of China safe through reducing unnecessary interactions, while still allowing you to perform the day-to-day activities essential to your role during the Games.

This closed loop system allows you to enter China without undergoing a compulsory 21-day quarantine, subject to you being fully vaccinated.

Within the closed loop, all Games participants travelling to Beijing (and domestic workforce in regular contact with other Games participants) will be subject to daily health monitoring and testing, and will only be allowed to move between permitted destinations (including Games venues, accommodation facilities, etc.)* in dedicated Games transport. This is to ensure that all COVID-19 countermeasures are strictly followed and there is no contact with the general public or anyone outside of the closed loop.

The closed loop system will apply during your entire stay in China.

If you are not fully vaccinated you will need to quarantine in a dedicated facility for 21 days before entering the closed loop system.

*A list of permitted destinations within the closed loop as of 25 October has been shared with your NOC/NPC. It will be updated as necessary in the lead up to the Games

CLOSED LOOP

The closed loop applies to all three zones: Beijing, Zhangjiakou and Yanqing

ENTERING CHINA



Fully vaccinated
Dedicated Games transport



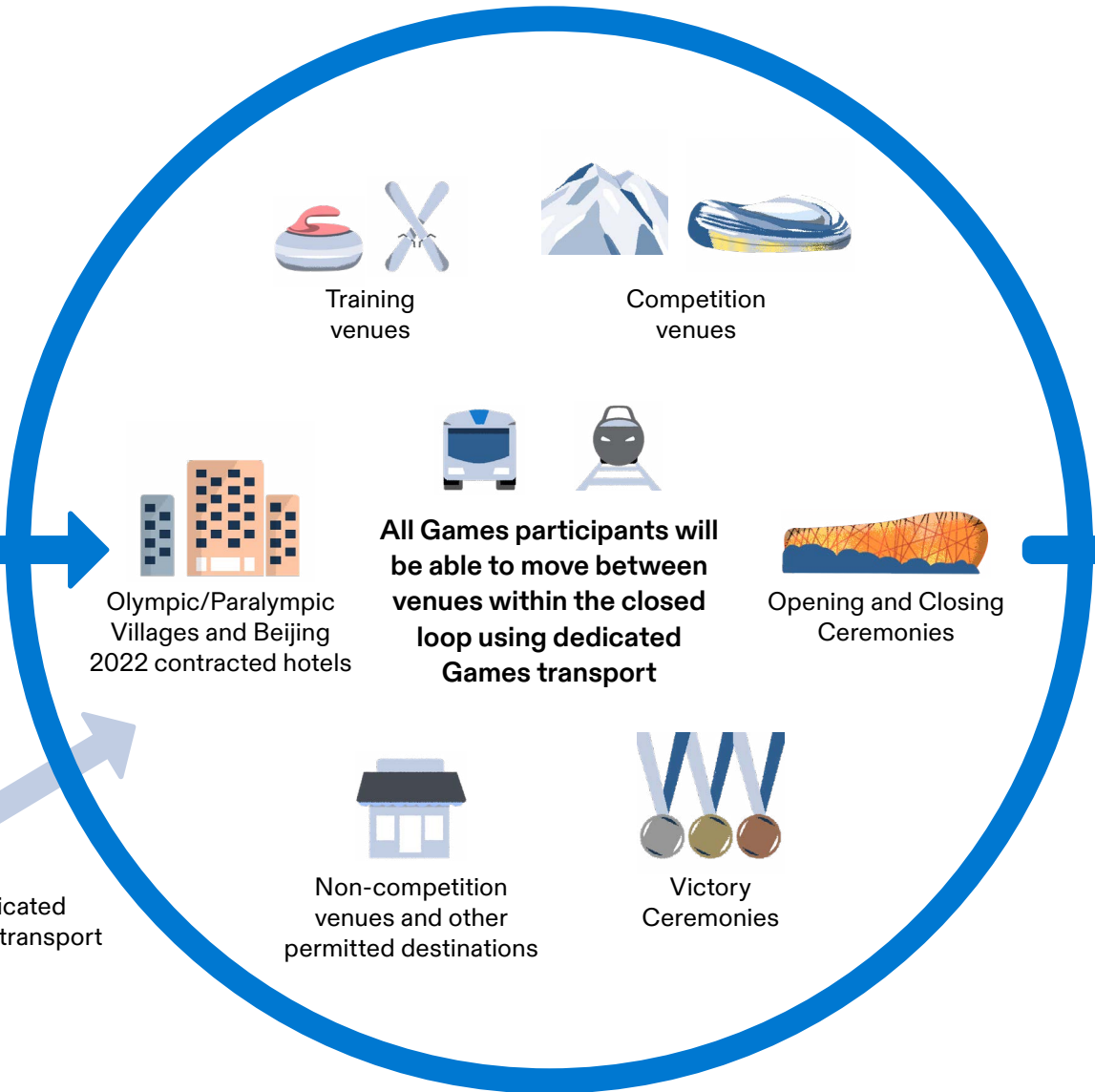
Not fully vaccinated
Dedicated Games transport



21-day quarantine

Dedicated Games transport

AT THE GAMES



LEAVING CHINA



Dedicated Games transport



COVID-19 LIAISON OFFICERS

Every organisation taking part in the Games will soon be asked to nominate COVID-19 Liaison Officer(s) (CLO). As part of their role, your CLO:

- Will support you in making sure that you understand the contents of this Playbook and the importance of complying with them
- Will be in contact with you regularly using your NOC/NPC's standard communication channels
- Will help you complete all necessary documentation before you travel to China

Ask them if you have any questions or concerns. They will be provided with more detailed briefings and operational information from November onwards.



TEST, TRACE AND ISOLATE

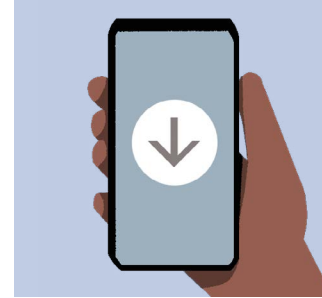
To stop the spread of COVID-19, it's vital to break the chain of human-to-human transmission. That's why it's important to have strict protocols to identify who has the COVID-19 virus as early as possible through testing; to understand to whom the virus might have been passed through contact tracing; and to use isolation and quarantine to stop the virus from spreading further.

#1



Ensure that you are fully vaccinated at least 14 days before your departure for China (see definition on page 7)

#2



Download the 'My 2022' application and start to monitor and track your health daily for 14 days before your departure for China

#3



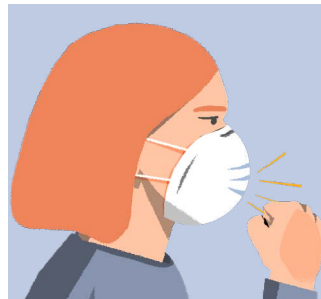
Get tested and provide proof of negative results before your departure for China. You will be tested again upon arrival at Beijing Capital International Airport in China

#4



Have daily screening tests for COVID-19 during the Games

#5



Get a test if you experience any symptoms or are told to by the Chinese health authorities (e.g. if you are identified as a close contact). If your test is positive, you will need to isolate

Close contacts are those who have prolonged contact (for 15 minutes or more) with a person who has a confirmed positive COVID-19 test, within one metre, without wearing a face mask (KN95, N95, FFP2, or equivalent standard)

MINIMISE PHYSICAL INTERACTION

COVID-19 is mainly transmitted through small liquid particles in our breath exhaled by coughing, sneezing, talking, shouting or singing. These particles range from larger respiratory droplets to smaller aerosols. A person can be infected when aerosols or droplets containing the virus are inhaled or come directly into contact with the eyes, nose, or mouth.

The risks of catching COVID-19 grow in crowded, poorly-aired spaces and when we spend time in proximity to those who are infected with COVID-19. That's why it's important to be vaccinated, minimise physical interaction, wear a mask, and avoid spaces that are enclosed, crowded or involve close contact.

#1



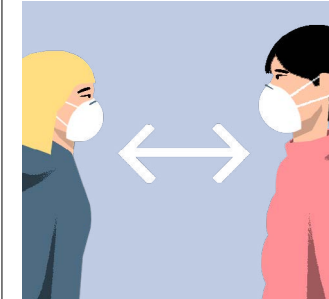
Keep physical interactions with others to a minimum, starting 14 days before you travel to China

#2



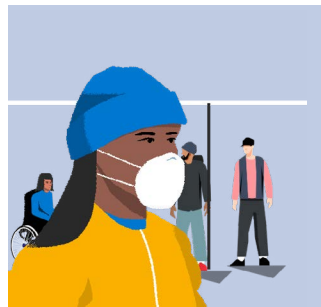
Avoid physical contact, including hugs and handshakes

#3



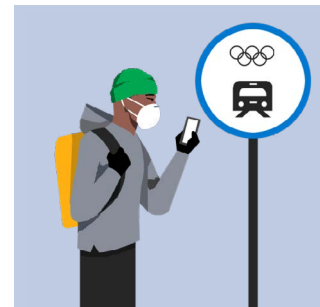
Keep two metres' distance from athletes and at least one metre from others, including in operational spaces

#4



Avoid enclosed spaces and crowds where possible

#5



Use dedicated Games transport. For certain journeys, dedicated sections of public transport will be reserved for those in the closed loop

#6



Only carry out the activities relevant for your role at the Games, at places on the list of permitted destinations

THINK HYGIENE

If we touch surfaces that have been contaminated by the virus with our hands and then touch our eyes, nose or mouth, we run the risk of becoming infected. That's why we must not forget the basics of good hygiene – regularly and thoroughly cleaning our hands, disinfecting surfaces, avoiding touching our face, and wearing a face mask at all times. Please practise thorough hygiene measures as outlined, throughout your stay in China.

#1



Wear a face mask at all times (KN95, N95, FFP2, or equivalent standard) without an inhalation valve (except when training/ competing, eating, drinking, sleeping or when alone)

#2



Wash your hands regularly and use hand sanitiser where available

#3



Support athletes by clapping instead of singing or chanting

#4



Avoid sharing items where possible, or disinfect them

#5



Keep rooms you are staying in regularly ventilated



YOUR JOURNEY



BEFORE YOU TRAVEL

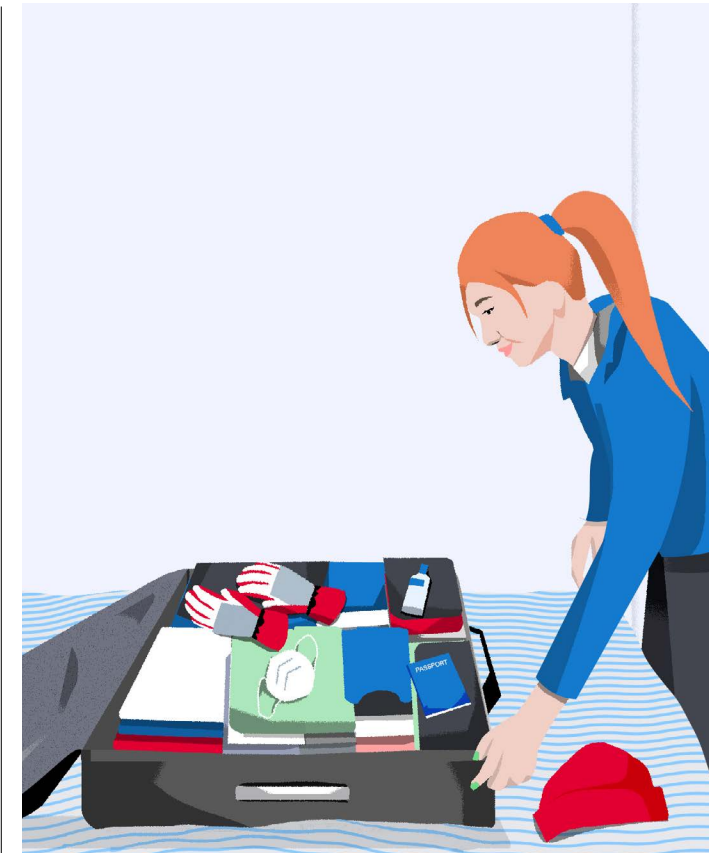
! Read this Playbook thoroughly

Before you travel, make sure that you have understood the Playbook and the importance of fully complying with the rules contained within. See 'Compliance and consequences', pages 53-54.

If you have any questions, contact your NOC/NPC or CLO once appointed, well in advance of the Games.

The rules related to entry to China are in accordance with authorities' requirements for the Games. They apply from 14 days before your travel (including pre-departure tests), as well as throughout your journey to China; it's important to adopt the right mindset in this period.

- **Support from your CLO before you travel**
 - Your CLO will support you in making sure that you understand and comply with the Playbook
 - They'll help if you have problems downloading or installing required smartphone apps
 - If you test positive for COVID-19 before your departure, inform your CLO immediately
 - If you have any questions or concerns about any of the measures, now is the time to ask!





BEFORE YOU TRAVEL

- **You are required to have medical treatment and repatriation insurance (including cover for COVID-19) covering the entire period of your travel and stay in China**
 - Beijing 2022 will provide you with medical treatment and repatriation insurance (including cover for COVID-19), for the period between the pre-opening of the Olympic Village and the closing of the Paralympic Village (23 January 2022 to 16 March 2022). Please note that this insurance only covers costs incurred in China
 - As per standard Games practice, NOCs/NPCs should source their own insurance for members of their delegations outside these dates
 - Further information will be provided to your NOC/NPC when confirmed, no later than in the December update of this Playbook
- **It is strongly recommended that athletes and team officials reside in the Olympic and Paralympic Village.** If this is not possible for operational reasons, you must reside in Beijing 2022 contracted hotels, which will be compliant with the COVID-19 countermeasures
 - If you are required to change accommodation that you have already booked in order to comply with the guidelines, Beijing 2022 will find new suitable accommodation for you
 - For further information, see the Olympic accommodation policy (30 Sept) and/or Paralympic accommodation policy (date to be confirmed), shared with your NOC/NPC within the Accommodation Guide for Stakeholders and the Games Stakeholders Guide on Transferring to Contracted Hotels
- **Make sure you have a Pre-Valid Card (PVC),** which will be validated to become your Olympic Identity and Accreditation Card (OIAC)/Paralympic Identity and Accreditation Card (PIAC). Your PVC will act as an entry document or visa waiver into China; without it you will need to apply for a visa
 - If you have not received your PVC 15 working days before your departure, please contact Beijing 2022 through your CLO. Your CLO will obtain a letter of invitation for your visa application
 - Once getting the letter of invitation issued by Beijing 2022, begin a visa application through your Chinese Embassy/Consulate – at least seven working days before departure. For details about the documents required, please refer to the website of your Chinese Embassy/Consulate
 - Please make sure that you have obtained a PVC or a visa before boarding your flight to China



BEFORE YOU TRAVEL

- **Air travel to Beijing will be made possible through charter, temporary and commercial flights** if you hold Games accreditation (PVC or OIAC/PIAC) or a valid visa supported by a Beijing 2022 invitation letter
 - The first point of entry into China must be Beijing Capital International Airport (PEK)
 - You can organise your own charter flights, including business aircraft, through your chosen airline
 - Airlines can contact the Civil Aviation Administration of China (CAAC) to make the required arrangements at <https://cat.caac.gov.cn>, or by calling +86 10 64091902
 - Once the flight is confirmed, provide your Beijing 2022 contact with the flight information
 - Beijing 2022 and CAAC encourage Chinese and foreign airlines to operate temporary flights to and from Beijing Capital International Airport
 - The list of airlines eligible to operate temporary flights and the relevant contact person within Beijing 2022 will be shared by 29 October and updated regularly. Temporary flights can only be booked by Beijing 2022 Games participants
 - Commercial flights can be booked following the usual airline procedures
 - Start the booking process as early as possible, as approval procedures for charter and temporary flights may take more than 20 working days once all the information has been provided to the relevant authorities
 - If you need support in communicating with an airline or the CAAC when arranging charter, temporary or commercial air travel, ask your Beijing 2022 contact

TEST, TRACE AND ISOLATE

- **Download the ‘My 2022’ smartphone application and log in to the Beijing 2022 Health Monitoring System (HMS) at least 14 days before departure to China**
 - See ‘Websites and smartphone applications’, pages 48-51, for more information
- **Make sure you are fully vaccinated at least 14 days before travelling to China**
 - Recognised vaccines are those approved by the World Health Organisation, other relevant international organisations or relevant national/ regional authorities
 - Upload your vaccination certificate to the Beijing 2022 HMS
 - Exceptions may be granted on a case-by-case basis, based on medical reasons (see page 7 for more details)
 - Those eligible for such exemption will be entitled to the same closed loop management as vaccinated participants
- **Check your health daily for the 14 days before departure for China**
 - Take your temperature daily and track it in the Beijing 2022 HMS
 - Proactively check your personal health for any other COVID-19 symptoms
See [WHO guidelines on COVID-19 symptoms](#)
- **If you experience any symptoms of COVID-19 in the 14 days before departure for China**
 - Consult with a medical professional for next steps
 - Inform your CLO
 - Do not travel to China unless you can rule out the possibility of being infected with COVID-19 or other infectious diseases



TEST, TRACE AND ISOLATE

PRE-DEPARTURE TESTS

- **All Games participants must take the necessary COVID-19 tests required to enter China**
 - Take two COVID-19 (PCR) tests on two separate days (with a minimum 24-hour interval) within 96 hours of the departure of your flight to China (final flight, if you are travelling indirectly)
 - One of the two tests must be within 72 hours of departure. This test must be done by a testing provider approved by your Chinese Embassy/Consulate
 - A list of approved testing providers can be found on the website of your Chinese Embassy/Consulate. If this list does not include a convenient provider, your CLO should liaise with Beijing 2022 to find an appropriate solution
 - If there is no approved testing provider list on your Chinese Embassy/Consulate website, you can choose a local qualified testing facility that meets the requirements for testing, as also specified on the website
 - The other COVID-19 test can be taken at any recognised testing facility in your country/region
 - If either of the two tests are positive, do not travel to China
- **If you are fully vaccinated without any previous COVID-19 infection** you do not need any further COVID-19 test to enter China

TEST, TRACE AND ISOLATE

- **If you are fully vaccinated and have previously been infected with COVID-19**
 - You will need to provide medical/laboratory certificates that prove your infection and recovery, and submit them to Beijing 2022 ([pks_1@beijing2022.cn](mailto:phs_1@beijing2022.cn)) for review, along with an application form your CLO will give you
 - Beijing 2022 will review the submitted documents and inform you whether you are eligible for travel to China
 - If you are eligible for travel, take two COVID-19 (PCR) tests on two separate days within 96 hours of the departure of your flight to China (final flight, if you are travelling indirectly). See details on page 19
 - Additional COVID-19 (PCR) tests may be required if your recovery was within the last 30 days
- **If you are not fully vaccinated and have not previously been infected with COVID-19**
 - Take two COVID-19 (PCR) tests within 96 hours of the departure of your flight to China (final flight, if you are travelling indirectly). See details on page 19
 - Take an IgM antibody test within 72 hours of the departure of your flight to China (final flight, if you are travelling indirectly). This IgM antibody test must be taken at a testing provider approved by your Chinese Embassy/Consulate, as per one of the PCR tests
- **If you are not fully vaccinated and have been infected with COVID-19**
 - You will need to provide medical/laboratory certificates that prove your infection and recovery, and submit them to Beijing 2022 (pks_1@beijing2022.cn) for review, along with an application form your CLO will give you
 - Beijing 2022 will review the submitted documents and inform you whether you are eligible for travel to China
- If you are eligible for travel:
 - Take two COVID-19 (PCR) tests on two separate days within 96 hours of the departure of your flight to China (final flight if you are travelling indirectly). See details on page 19
 - If your recovery was within the last 30 days, take an IgM antibody test within 72 hours of the departure of your flight to China (final flight, if you are travelling indirectly). This IgM antibody test must be taken at a testing provider approved by your Chinese Embassy/Consulate, as per one of the PCR tests. You may also need to take additional COVID-19 (PCR) tests
- **Anyone not fully vaccinated will need to quarantine for 21 days upon arrival in China**



TEST, TRACE AND ISOLATE

OVERVIEW OF NECESSARY COVID-19 RELATED TESTS REQUIRED TO ENTER CHINA

| COVID-19 PCR test required for travel | Full vaccination | Previous infection | Additional information required | IgM antibody test required |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-----------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| Two negative test results with at least 24 hours in between, within 96 hours (including one negative test result within 72 hours) of departure time of your direct flight to China | Yes | No | N/A | No |
| | | Yes Recovery less than 30 days | Medical/laboratory certificate and application form Those recovered less than 30 days may need to provide additional PCR test results | No |
| | | Yes Recovery more than 30 days | Medical/laboratory certificate and application form | No |
| | No | No | N/A | Yes One IgM antibody test within 72 hours before the departure of your flight |
| | | Yes Recovery less than 30 days | Medical/laboratory certificate and application form Those recovered less than 30 days may need to provide additional PCR test results | Yes One IgM antibody test within 72 hours before the departure of your flight |
| | | Yes Recovery more than 30 days | Medical/laboratory certificate and application form | No |

TEST, TRACE AND ISOLATE

- **If either of your COVID-19 (PCR) tests are positive, do not travel to China:**
 - Immediately begin self-isolation in line with local rules
 - Contact your CLO, who will record your symptoms, test results and close contacts, as well as inform Beijing 2022 and agree on next steps
 - **If your two COVID-19 (PCR) tests taken within 96 hours of departure are negative:**
 - Upload the necessary documents to the dedicated website <https://hrhk.cs.mfa.gov.cn/H5/>:
 - Picture of Games accreditation (PVC or OIAC/PIAC) or invitation letter from Beijing 2022
 - Test result certificate of test taken within 72 hours of your departure flight to China from a provider approved by your Chinese Embassy/Consulate
 - Test result certificate of an IgM antibody test, if required
 - There will be an eligibility assessment from Beijing 2022 if you have previously been infected with COVID-19
- Your Chinese Embassy/Consulate will review the documents and issue the Green Health Code that you will need to enter China
- **Once you have received the Green Health Code, complete the Health Declaration Process** within 24 hours of your arrival in China. For more information, see ‘Websites and smartphone applications’, pages 48-51
 - **Inform your CLO once you have received the Green Health Code and completed the Health Declaration Process.** If you have any problems, ask them
 - **Bring any relevant medical information (in English original/translated version) with you to the Games to help assess potential complex COVID-19 cases** if you test positive during screening testing or are a confirmed close contact, such as:
 - Result certificates for both COVID-19 (PCR) tests taken within 96 hours of departure
 - Vaccination status (number of doses, date of vaccination[s] and vaccine type/brand)
 - Prior history of COVID-19 tests (test result, date of test and test type: PCR/antigen/other)
 - Presence of antibodies (date of antibody test, result, testing platform for information on viral target, titre/quantitative result, if applicable)
 - Relevant medical history, including any known risk factor for severe COVID-19 (for example, [WHO list of non-communicable diseases](#)) that may impact prioritisation for re-testing and/or re-testing requirements, if identified as a potential close contact

MINIMISE PHYSICAL INTERACTION

- **Keep your physical interactions to a strict minimum during the 14 days before you travel to China.**
This applies even if you are vaccinated, as you can still test positive and transmit the disease
 - If you are at home, limit contact with others to your immediate family and your immediate training partners/team, especially indoors
 - If you are travelling and competing, limit contact to your immediate training partners, team and those strictly necessary for the competition
 - Any wider contact increases the risk of testing positive before leaving for China or on arrival, and therefore being excluded from the Games
 - Travel for social reasons (i.e. not for training or competing) is not advisable

- **Avoid unnecessary forms of contact and enclosed spaces and crowds wherever possible**

- **It is recommended that you prepare a list of the people you will spend time with regularly while in China (format to be agreed with your CLO), for example, your roommate, coach, physiotherapist and immediate members of your team**
 - Share the list with your CLO, who will use it to help with contact tracing if required





THINK HYGIENE

- **Follow good hygiene practice** – including washing your hands regularly or using hand sanitiser and always wearing a face mask
- **Make sure you have access to enough masks to last throughout your stay in China.** Your NOC/NPC is responsible for providing you with masks*. Please check with your CLO to ensure you have access to them for the duration of the Games
 - See 'Principles', page 13, for approved mask types
 - Check the manufacturer's recommendations and health certification of the product
 - You will need to replace your masks as soon as they become damp
 - Please also be aware of guidelines regarding 'Authorised Identifications' related to face mask branding
- **If you use a wheelchair or other mobility device** that may be handled by someone else (for example, airline staff during travel), regularly disinfect the surfaces

*Beijing 2022 will provide support to organisations for masks if needed. Contact Beijing 2022 for more information

ENTERING CHINA

When you arrive, you must observe the instructions of the Chinese authorities and the following protocols at the airport and for your onward journey.

Physical distancing and good hygiene measures must be followed throughout your time in China.

- **Support from your CLO when entering China**
 - If you test positive for COVID-19 on arrival or experience any symptoms, immediately inform your CLO by phone



TEST, TRACE AND ISOLATE

ON ARRIVAL AT THE AIRPORT

- **On arrival at Beijing Capital International Airport,** customs officers will board the aircraft for inspection. Ground staff will then guide you to disembark
- **Once you have departed the aircraft, customs staff will verify your Health Declaration and your temperature will be checked**
 - Be ready to show the following:
 - Health Declaration (QR code)
 - Passport
 - If there is an anomaly in your Health Declaration, if you record a high temperature (37.3°C or higher) or if you have any other COVID-19 symptoms, you will undergo a medical investigation. If a further examination is necessary, you will be guided to a designated facility next to/at the airport where COVID-19 tests will be conducted. You will be transferred to a hospital if required
- **If your Health Declaration and temperature are normal, you will be asked to take a COVID-19 (PCR) test**
 - Medical staff will take an oropharyngeal (throat) and a nasopharyngeal (nose) swab sample, which will be combined for analysis
- **Once you have provided your sample, complete immigration** before activating your OIAC/PIAC at the accreditation validation counter at the airport
 - Be ready to show:
 - Passport
 - Games accreditation (PVC) or valid visa supported by a Beijing 2022 invitation letter
 - Arrival card
- **Your COVID-19 test results will be processed as efficiently as possible (maximum six hours).** You will be transported to your accommodation and will be required to wait in your room until you receive your results
 - Countermeasures will be in place during transit to ensure there are no close contacts
- **If your test results are unclear or positive,** a second confirmatory COVID-19 (PCR) test will be conducted in an isolation room at your accommodation or a nearby venue, using a nasopharyngeal (nose) sample only

TEST, TRACE AND ISOLATE

- **If your confirmatory COVID-19 (PCR) test is positive,** depending on your symptoms you will be taken by dedicated transport either to an isolation facility or to a hospital to isolate and/or receive medical treatment, in accordance with the instructions of the Chinese health authorities. See page 32 for more details
 - Immediately inform your CLO, who will record your symptoms, test results and close contacts, as well as inform Beijing 2022 and agree on next steps
- **If you are identified as a close contact* of someone on your aircraft with a confirmed positive test,** your CLO will inform you of the next steps, including testing
 - A close contact on flight is a person who has been in any of the following scenarios:
 - Seated in the same row as or within two rows in front of/behind the infected person
 - Having direct physical contact with the infected person
 - Having face-to-face contact with the infected person within one metre for over 15 minutes, without wearing a KN95/N95/FFP2 (or equivalent) mask

*More detailed close contact procedures and conditions will be provided when available, no later than the December update of this Playbook

AT THE GAMES

Physical distancing and good hygiene measures must be followed throughout your time in China, for your own health and safety, and that of all Games participants and the people of China. These measures are laid out in the following pages and summarised in the principles on pages 11-13. They will be monitored by Beijing 2022 to ensure compliance.

- **Support from your CLO at the Games**
 - Your CLO can help you upload daily health monitoring results
 - Your CLO will help you to ensure that you follow the correct procedures for daily testing. They will inform you if the results of a screening test are unclear or positive
 - If you have a confirmed positive test or experience any symptoms of COVID-19, immediately inform your CLO, who will take you through the next steps
 - If you're unclear about any of the rules in this Playbook, ask your CLO





AT THE GAMES

To enable physical distancing, overall accreditation numbers have been reduced, venue operational plans adapted and access to venues restricted to what is strictly required for operational reasons.

In accordance with the Organisers' requirements, you are responsible for proactively monitoring and reporting your personal health every day.

The comprehensive screening testing regime in place is based on science and expert advice. Testing will be a crucial part of minimising transmission: used for general screening and for those identified as a close contact of a positive case, as well as for diagnosis for those experiencing symptoms of COVID-19.

- **Competition continuity and sport-specific countermeasures**
 - A joint policy between the IOC, IPC, IFs and Beijing 2022 will be developed to ensure that in the event of a positive COVID-19 case, principles are in place to allow an event to continue. This will include a consistent approach to decision making and medal allocation across the Games, with allowances for the specifics of the competition format. Any relevant additional sport-specific countermeasures are detailed in the Team Leaders Guide and Technical Officials Guide, available in December

TEST, TRACE AND ISOLATE

- **Proactively check your personal health every day** (body temperature and any other COVID-19 symptoms) and report the results on the HMS in the 'My 2022' app. For more information, see 'Websites and smartphone applications', pages 48-51
- **Your temperature will be checked** before entry to training and competition venues and the Olympic and Paralympic Villages
 - If you record a temperature of 37.3°C or higher, after a short break your temperature will be taken again
 - If you still record a temperature of 37.3°C or higher, you will be taken to a designated room at the venue for health screening and consultation with medical staff
 - Your team doctor will also be contacted to agree on next steps*
- **If you show any other COVID-19 symptoms,**
 - Contact your CLO immediately for further instructions
 - You will be taken to a designated room at the venue or Village/accommodation for health screening and consultation with medical staff

See [WHO Symptom Guidance](#)

*Further details on this process will be provided as soon as available, no later than the December update of this Playbook

TEST, TRACE AND ISOLATE

SCREENING TESTING

- In addition to tests taken before departure and on arrival in China, you will be tested daily to minimise the risk of undetected positive cases that could transmit the virus
 - There will be sample collection sites available at specific venues, including your accommodation site, where medical personnel will take oropharyngeal (throat) swabs
 - The full list of sample collection sites and operating hours are being developed and will be shared with your NOC/NPC and your CLO when available
- **Getting the results**
 - You will be given a deadline by which your test results will be processed, which will depend on the time of day the test is taken (e.g. by 24:00 for results by 06:00 and by 12:00 for results by 20:00)
 - Your CLO will be able to access the results at the designated time
 - If the results of the test are unclear or positive, your CLO will receive a notification by the designated time and inform you
 - If you do not receive a notification from your CLO by the designated time, your result was negative
- **Confirmatory tests**
 - If you are informed by your CLO of a positive result and:
 - **you are symptomatic**, a dedicated vehicle will be organised to take you for a confirmatory nasopharyngeal PCR test at a designated hospital indicated by your CLO. Wait for your result as directed by the facility
 - **you are asymptomatic**, immediately go to take a confirmatory nasopharyngeal PCR test at the isolation room at your accommodation or nearby venue indicated by your CLO. A dedicated vehicle will be organised to take you to the venue as required. Wait for your result as directed by the facility

TEST, TRACE AND ISOLATE

- **If you have a confirmed positive test:**
 - You will not be allowed to compete/continue your role
 - Immediately inform your CLO, who will take you through the next steps
 - If you are symptomatic, you will be asked to stay at the designated hospital for treatment
 - If you are asymptomatic, you will be asked to stay in an isolation facility
 - A dedicated vehicle will be organised to take you there
- **Hospital/Isolation facilities**
 - There will be English-speaking personnel at the facilities who will monitor your health
 - Meals will be provided three times a day
 - Free WiFi will be available and you will be able to keep in touch with your CLO and team
- Your team will be allowed to have access to the facility to bring you things, provide support on a case-by-case basis (e.g. welfare or safeguarding checks), inform medical personnel of specific care considerations, etc., during hours set by Beijing 2022
- There will be accessible rooms and experienced on-site personnel to assist with daily care tasks (such as meals, toilet, changing clothes, bathing, etc.) for those who require it
- You will not be allowed to go outside
- Mental health support will be available
- The location and length of your isolation period will be determined by the Chinese health authorities, depending on the severity and symptoms of your infection
- **Being discharged from isolation**
 - You will be discharged from isolation in accordance with the discharge guidelines in China
- At a hospital you will be discharged when:
 - your body temperature returns to normal for three consecutive days;
 - respiratory symptoms improve significantly;
 - lung imaging shows significant improvement;
 - you have two consecutive negative COVID-19 (PCR) test results with a sample interval of at least 24 hours; and
 - you display no other COVID-19 symptoms
- At an isolation facility:
 - If you are asymptomatic, you will be tested every day, beginning 24 hours after your last test
 - You will be discharged once you have two consecutive negative COVID-19 (PCR) test results with at least 24 hours between the two samples and no other COVID-19 symptoms
 - If you wish to return to your Games time role, you will be asked to adopt additional countermeasures that apply to close contacts. See page 33 for more details
 - Asymptomatic participants with consistent positive COVID-19 (PCR) tests will be reviewed by the medical expert panel for next steps

TEST, TRACE AND ISOLATE

CLOSE CONTACTS*

- **Close contacts** are those who have prolonged contact (for 15 minutes or more) with a person who has a confirmed positive COVID-19 test, within one metre, without wearing a face mask, from two days before the person's symptoms appeared to when they were tested and started isolating
 - Close contact cases will be confirmed by the Chinese health authorities based on information provided by you, your NOC/NPC and Beijing 2022
 - If you are confirmed as a close contact, your CLO will inform you of the next steps, including testing

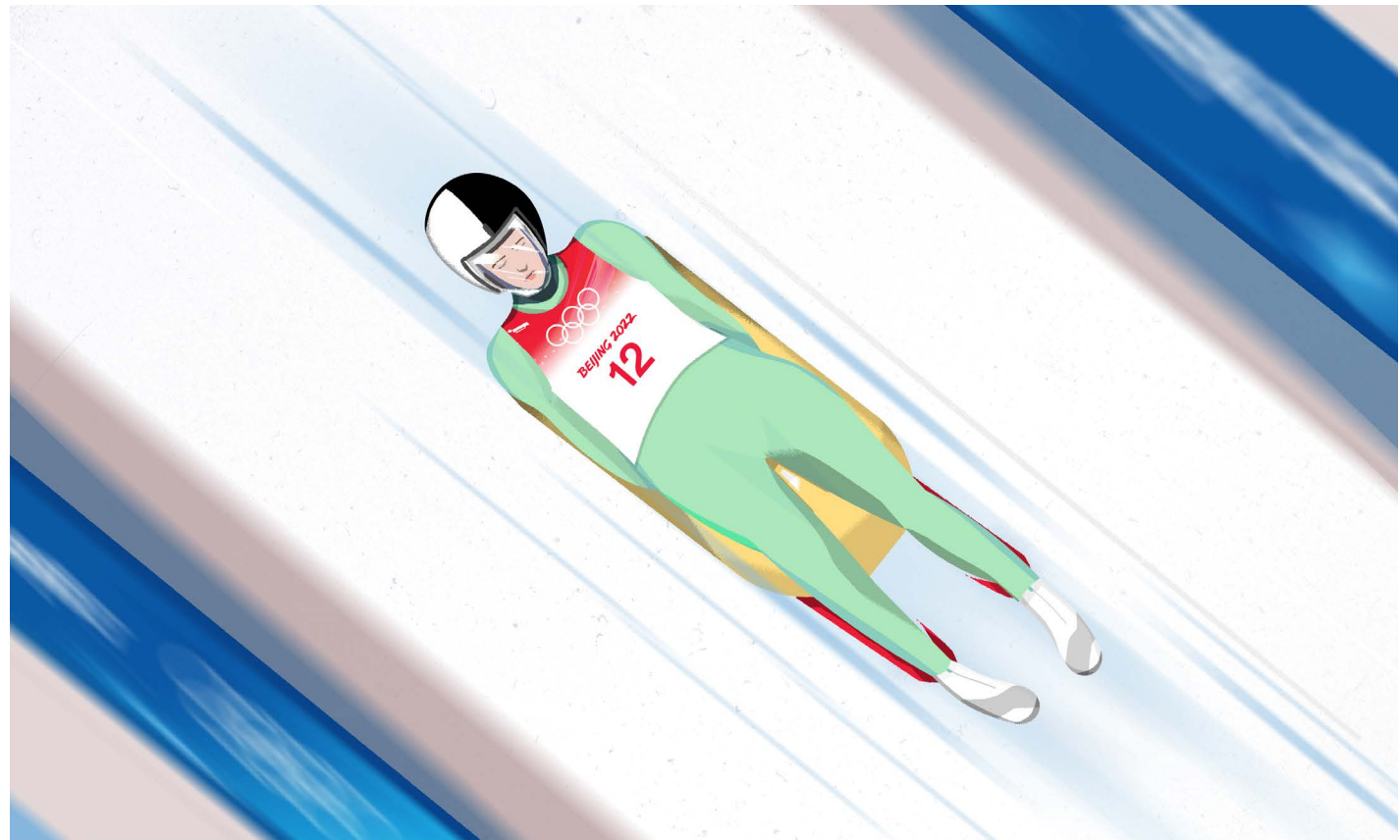
- **If you are identified as a close contact and have an upcoming competition, you will be able to participate as long as you:**
 - Quarantine in a single room
 - Use dedicated shuttles between your quarantine location and your venue
 - Dine alone
 - Wear a face mask all the time (except when training/ competing, eating, drinking or when you're alone)
 - Limit your physical interaction with others unless necessary to perform role or for welfare reasons (e.g. receiving of daily care)
 - Keep a distance of two metres from others
 - Have temperature checks twice a day
 - Answer health enquiries by health authorities
 - Have COVID-19 tests every 12 hours for seven consecutive days. If all your test results are negative, the testing frequency will be reduced to regular frequency after seven days

- Take an additional COVID-19 (PCR) test six hours prior to your competition. If test results are negative and you have no other symptoms, you will be allowed to participate. Participation in pre-competition training will be subject to approval of the medical expert panel
- This process will be in place for 14 days (or until your departure from China)

*More detailed close contact procedures and conditions will be provided when available, no later than the December update of this Playbook

TEST, TRACE AND ISOLATE

- **CLO response**
 - Your CLO will work with you to confirm your activities and places you visited from the two days before your symptoms appeared, or the two days before your sample was collected if asymptomatic. They will help identify close contacts in that period
 - They will consult with the Chinese health authorities (including the local municipalities' health authorities) and Beijing 2022 to determine further measures, such as disinfection of specific areas
- **Medical expert panel**
 - An expert panel will review and examine vaccination exceptions
 - They are also developing the protocols for interpreting the results of screening tests
 - This group may be called upon for analysis of complex cases including management of close contacts



MINIMISE PHYSICAL INTERACTION

- **Limit your contact with other people as much as possible.** Minimise physical interactions such as hugs, high-fives and handshakes
- **Keep a distance of at least two metres from other Games participants**
 - There may be times when the distance between athletes and others is less than two metres, for example on the Field of Play (FOP) and in preparation areas. Beijing 2022, the IOC, IPC and IFs will implement the necessary countermeasures. See 'Generic venue planning and operational principles', pages 45-47, for more information
- **Avoid enclosed spaces and crowds wherever possible**
 - Avoid staying an unnecessarily long time in any space. Refrain from talking in enclosed areas such as elevators
- **The restriction of keeping two metres' distance from others will be waived for those in need of additional support**
 - Masks should be worn at all times when providing assistance to others
 - Once aid has been given, sanitise your hands and go back to maintaining a physical distance of at least two metres from others
 - You should still try to keep physical contact to a minimum when possible

MINIMISE PHYSICAL INTERACTION

TRANSPORT

- Beijing 2022 will provide transport services from 14 days before the Opening Ceremony of the Olympic Winter Games to three days after the Closing Ceremony of the Paralympic Winter Games (21 January 2022 to 16 March 2022)
 - You will have a dedicated Athlete Transport (TA) service for arrival and departure, as well as transport across the three competition zones
 - You will also be able to be transported from the Olympic and Paralympic Villages to dedicated drop-off points (International Broadcast Centre (IBC), Zhangjiakou Broadcast Centre (ZBC), Rights Holding Broadcasters' (RHB) TV studios, TV towers if applicable) by dedicated RHB and NOC/NPC vehicles
- In line with the closed loop system, you will only be allowed to travel in dedicated Games transport. Public transport outside the closed loop is not permitted
- Games participants can only use vehicles provided by Beijing 2022, with the exception of temporarily imported special vehicles such as broadcast vans
- All vehicles come with drivers and no one other than the provided or approved driver is allowed to drive the vehicles
- Games-dedicated vehicles are only allowed to travel to Games-related sites (i.e. places on the list of permitted destinations)
- All dedicated vehicles, as well as the High Speed Rail (HSR), will operate following strict distancing and hygiene protocols:
 - Passengers will be guided to sit with proper physical distancing (occupancy should not exceed 50 per cent, where relevant)
 - Partitions will be installed between the driver and passengers
 - Vehicles will be ventilated constantly through heating/air conditioning
 - Drivers and passengers will have to wear face masks throughout the journey
- **High Speed Rail**
 - If travelling on the HSR connecting Beijing, Yanqing and Zhangjiakou zones, use dedicated entrances and exits, dedicated waiting areas and dedicated carriages. NOCs/NPCs will only be using the HSR for the Opening and Closing Ceremonies transport operations
- **Vehicle Access and/or Parking Permits (VAPPs)**
 - Every vehicle must display a VAPP at all times
 - Allocated VAPPs can only be transferred among vehicles belonging to and used by people from the same organisation
 - Rate card VAPPs separately purchased can only be used for rate card vehicles

MINIMISE PHYSICAL INTERACTION

OLYMPIC AND PARALYMPIC VILLAGES

- **It is strongly recommended that all athletes and team officials reside in the Olympic and Paralympic Villages.** If this is not possible for operational reasons, you must reside in Beijing 2022 contracted hotels, which will be compliant with the COVID-19 countermeasures
- The Villages will open on the following dates:
 - **Olympic Villages:**
Pre-opening 23 January, 08:00
Official opening 27 January, 08:00
 - **Paralympic Villages:**
Pre-opening 23 February, 14:00
Official opening 25 February, 08:00
- During the pre-opening period, a maximum number of officials proportionate to the NOC/NPC delegation size is allowed in each Village; from the official opening date, all athletes and NOCs/NPCs will be able to access the Villages
- You should leave China within 48 hours of your last competition, unless you have chosen to participate in the Closing Ceremony
- Olympic and Paralympic Village access is restricted as follows:
 - Only Games participants whose accreditation gives Village entitlements will be granted access
 - Access will only be allowed for those with operational reasons, subject to prior consent of Beijing 2022 and the IOC/IPC
- Temperature checks will be conducted at the entrances to the Villages: Team Processing Centre, main entry, transport mall, workforce entrance, logistics entrance
- As much as possible, stay within the area allocated to your NOC/NPC. Do not go to other delegations' blocks, unless absolutely necessary
- Real-time updates on crowd levels in indoor public areas, including the plaza, fitness centre and entertainment centre, will be available at the front desk
- Self-serviced laundry areas, the fitness centre and the orthotic, prosthetic and wheelchair repair centre will be monitored to ensure capacity limits are respected
 - Please follow staff instructions when entering these areas, and disinfect the equipment and facilities before and after use
- Public spaces and bedrooms will be cleaned and disinfected regularly
 - Private items such as toothbrushes, toothpaste, soap, shower gel, slippers and combs will not be provided in bedrooms

MINIMISE PHYSICAL INTERACTION

OLYMPIC AND PARALYMPIC VILLAGES

- Signage about countermeasures will be installed in the Villages, for example regarding physical distancing, hand sanitising, wearing face masks, etc.
- Ventilation systems will meet local COVID-19 regulation standards
- Hand sanitiser will be available at the entrance to all services and back-of-house spaces. Sinks for handwashing will be available in toilets
- Dedicated apartments will be provided to allow NOCs/NPCs to accommodate confirmed close contacts in single rooms, including accessible rooms for those who need them
- Wherever possible, processes will be digital, to avoid the need for exchanging printed materials between residents and workforce
- Partitions will be installed on dining hall tables and at all desks where there is interaction between Village residents and workforce
- The seating capacity will be reduced in the dining hall and in all spaces with seating areas, for example lounges and recreational spaces
- Cleaning and disinfection will be reinforced in high transit areas, including disinfection of contact surfaces like door handles, elevator buttons and partitions

MINIMISE PHYSICAL INTERACTION

ACCOMMODATION

- If you are not able to stay in a Village, you will be accommodated within the closed loop in a hotel contracted by Beijing 2022
 - For further information, see the Olympic and/or Paralympic accommodation policies within the Accommodation Guide for Stakeholders and the Games Stakeholders Guide on Transferring to Contracted Hotels
- You will be able to move around freely in designated areas in your hotel, as long as you follow the applicable hygiene measures and comply with the COVID-19 control protocols
- You can only leave the hotel for Games-related activities at places on the list of permitted destinations
- Hotels will provide regular housekeeping service every two days in principle, or upon request
- Hotel facilities such as gym, swimming pool and meeting rooms will be accessible through telephone booking
- Hotel dining will include à la carte, buffet and set meal options at different price levels. You can dine in, take food to your room or call for room service. There will be set opening times for restaurants; room service will be available 24 hours a day
- Hotels will have convenience stores or vending machines selling snacks, beverages, alcohol, daily necessities and face masks
- An on-demand service team will be available to address urgent requests, including running errands and buying things

MINIMISE PHYSICAL INTERACTION

AT THE VENUES

- You will have access to venues according to your accreditation entitlements. Venues will operate under the closed loop system. See 'Generic venue planning and operational principles', pages 45-47, for more details
- Additional measures will be implemented for Opening and Closing Ceremonies and Victory Ceremonies. These will be developed by Beijing 2022 and the IOC/IPC and will be communicated closer to the Games
- Spectator tickets will only be available to residents of China's mainland who meet the conditions of COVID-19 control. You will not have access to ticketed spectator areas
 - Seating in accredited areas such as Same Discipline Athletes (SDA) seating is allowed
 - For any Different Discipline Athletes (DDA), tickets will be provided
- Medical stations will be set up at each competition venue and the Opening and Closing Ceremonies venue. First aid service and ambulance transfer to a hospital if needed will be provided
- Anti-doping procedures will operate in accordance with international standards, health and safety measures, and WADA guidelines, under the management of the International Testing Agency for the Olympic Games and the IPC for the Paralympic Games

THINK HYGIENE

- **Wear a face mask at all times** (see 'Principles' page 13), except when training, competing, eating, drinking, sleeping, when alone, or during interviews, stand-ups and live presentations from designated locations (as long as a distance of two metres from others can be ensured)
 - Clean your hands before putting on and after taking off your mask and avoid touching your eyes, nose and mouth. If possible, wash your hands with soap and warm water for at least 20 seconds. Otherwise use hand sanitiser
 - Replace masks as soon as they become damp
 - Face shields are not an acceptable alternative to a mask. They should only be used to prevent infection of the eye area
 - If you are not able to wear a mask due to a medical condition, please contact your CLO to apply for a face mask exemption. You will be required to wear a face shield and be provided with a designated sticker to apply on the face shield
- **You may temporarily remove your mask** if you are speaking or providing assistance to someone who relies on lip reading, clear sound and/or facial expressions to communicate. You should stay at a minimum distance of two metres and put your mask on as soon as possible
- **Wash your hands** regularly and thoroughly for at least 20 seconds, ideally using soap and warm water. Otherwise use hand sanitiser
- **Avoid shouting, cheering and singing** – show support or celebrate by clapping instead
- **Keep rooms regularly ventilated**
- **Avoid sharing items** wherever possible. Always disinfect items that have been used by someone else
- **For some Para sports**, it will be critical for competition partners and coaches to shout to communicate with athletes with vision impairments during competition. In those specific circumstances, shouting will be permitted for competition partners and coaches, whilst wearing a mask and respecting physical distancing
- **If you use a wheelchair or other mobility device** that may be handled by someone else (for example drivers), regularly disinfect the surfaces

LEAVING CHINA

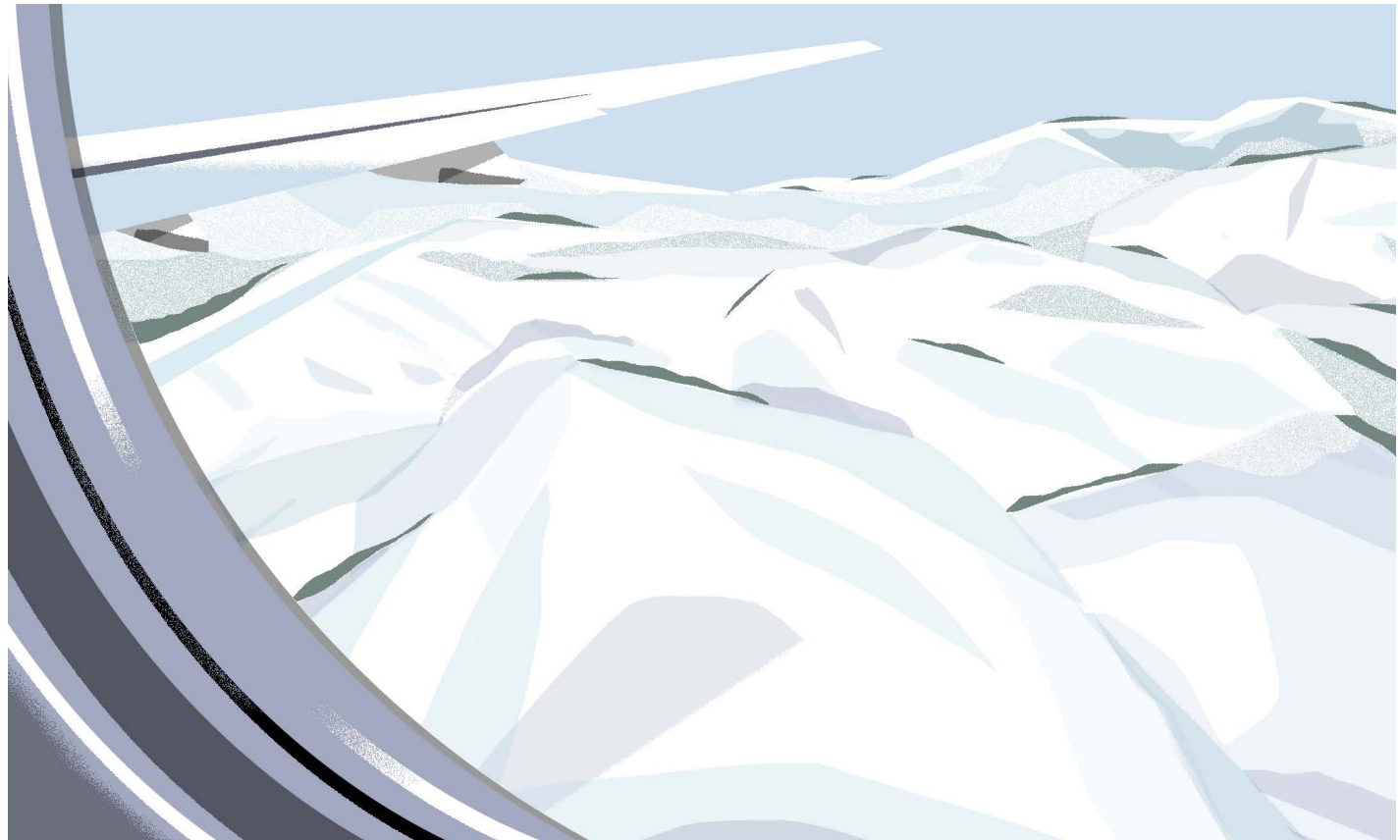
Minimise the length of your stay to reduce the risk of infection and help ensure a safe and successful Games.

You should continue to follow the Playbook and any instruction or requirement from the Organisers – including hygiene and distancing rules – throughout your departure and until you reach your destination.

If you stay in China after the closing of the Olympic Games to participate in the Paralympic Games, you will have to continue following the rules and behaviours outlined in the Playbook. See pages 28 - 41 for more details.

You are not required to exit China and re-enter the country for the Paralympic Games, but you are allowed to do so.

- **Support from your CLO when leaving China**
 - Your CLO can help confirm any COVID-19 requirements for international travel and/or entry into your destination country/region



TEST, TRACE AND ISOLATE

- **Follow the instructions of your NOC/NPC** regarding your departure. It is recommended that you leave China within 48 hours of your last competition, unless you choose to participate in the Closing Ceremony
 - **Make sure you know the latest entry requirements for your destination country/region**, as well as anywhere you will pass through in transit, or check with your CLO
 - **If you need a test result certificate for international travel**, you will be able to receive a certificate from your daily screening test taken within 48 of departure
 - **Complete the Health Declaration Process** within 24 hours before leaving China
 - **Travel to Beijing Capital International Airport using designated Games transport**
 - **Departures from China will be arranged using temporary and charter flights***, based on your preferred departure dates
 - In principle, there will be several temporary flights per day to agreed aviation hubs, to allow you to fly back as close as possible to your preferred day and time
 - Details will be confirmed as soon as available by Beijing 2022
- *For more information about chartered and temporary flights, see page 17
- **Follow the instructions of airport staff** during departure
 - **When you arrive at your destination**, follow local COVID-19 regulations, including any need to quarantine on arrival
 - **Continue to check your health and your temperature for 14 days after leaving China** (or, for residents of China, finishing your Games role). If you have any COVID-19 symptoms, inform your CLO



FURTHER INFORMATION



GENERIC VENUE PLANNING AND OPERATIONAL PRINCIPLES

The Playbook principles have been used to create common operating principles applying to all competition venues and major non-competition venues.

These common operating principles will be adapted to each venue through specific Venue Operating Plans, with sport-specific countermeasures and venue drawings reflecting the countermeasures as appropriate.

1. Physical distancing and separation of flows

- **Ensuring physical distancing:**
 - Maintain the standard Playbook physical distancing rule of at keeping least two metres from athletes and one metre from others
 - Where this is not possible, for example in elevators or in small rooms, capacities will be limited and conversation prohibited

- Workforce will be trained in managing the movement of people, including guiding and providing directions. They will be positioned in areas where people are likely to gather – including any waiting lines – for example at Pedestrian Screening Areas (PSAs), temperature check areas, concourses, toilets, concessions, seating bowl entrances, and venue entrances and exits. They will count people going in and out, so that areas do not exceed maximum capacities
- Physical distancing will be planned, organised and managed in the spectating areas (seating bowl and standing areas), both in accredited areas and ticketed areas
- Signage will be installed in all necessary places, including distance markers on the ground
- Droplet prevention measures (dividers/splash guards) will be installed in areas as an additional measure where physical distancing cannot be easily ensured (for example, food and beverage concessions, check-in areas, counters, work areas, etc.)

- **Zoning the venue and managing stakeholder flows**
 - Separation of flows between athletes and others: Athlete flows will be organised so that they do not cross with others, unless it is unavoidable for operational purposes, in which case additional countermeasures such as a managed crossing will be in place. One-way traffic will be promoted in all back-of-house areas
 - Plans will be put in place to manage movement and occupancy levels in order to:
 - Reduce congestion as people move from high-capacity spaces into low-capacity spaces
 - Manage instances where different groups cross paths or occupy the same space simultaneously
 - Develop cleaning protocols for spaces that are used in high frequency

GENERIC VENUE PLANNING AND OPERATIONAL PRINCIPLES

2. Wearing of face masks

- Face masks must be worn by everyone at all times, in all locations of venues, with the exception of competing and training athletes. Technical officials are exempted if needed for operational reasons (for example on the FOP). Children under the age of five are also exempt
- Masks may be removed when eating or drinking but must be promptly replaced when finished

3. Personal hygiene, cleaning and sanitisation

• Personal hygiene:

- Wash hands with soap and use hand sanitiser often
- Hand sanitiser will be available at numerous points throughout each venue, including every entrance/exit, rooms where medical treatment is performed, dining areas, toilets, mixed zone, press desks and commentary positions, seating bowl staircases, concourses, work rooms, sports information desks, ice and towel distribution points, changing rooms, athlete warm up and call areas and gyms, etc.

- Hand sanitiser will be made available to spectators in all general public areas, such as PSAs, concourses, etc.
- Hand sanitiser will be accessible for individuals with different types of impairment

• Cleaning and disinfection operations:

- Frequently touched surfaces (doorknobs, switch panels, handrails, desks, counters, sinks, electrical switchers, elevator buttons, hand-held devices, eating surfaces and other areas where high-frequency contact is expected) will be disinfected several times a day
- You should disinfect tables/chairs after eating and shared equipment (such as microphones, sports equipment, physio beds, hand-held devices, etc.) before and after use

4. Awareness and information – Venue signage and announcements.

- The Venue Wayfinding & Signage: Venue COVID-19 Signage Plan will support awareness of and compliance with COVID-19 countermeasures
- Event Services (EVS) staff will support awareness of and compliance with COVID-19 countermeasures
- Comprehensive dedicated signage (including pictograms) related to countermeasures will be installed to support and enforce the respect of countermeasures (mask wearing, physical distancing, hygiene, disinfection, behaviour in the seating bowl, etc.). This will include floor marking and appropriate accessible signage for people with vision impairments. The countermeasures signage will stand out from other Games information signage
- Messaging will also be delivered via public announcements and videoboard

GENERIC VENUE PLANNING AND OPERATIONAL PRINCIPLES

5. Prevention of infection in food and beverage operations

- Be extra vigilant when eating and drinking, when the risk of infection is high
- Additional measures in food and beverage areas (concessions and concourses, seating bowl areas, lounges, workforce dining, catering areas, etc.) will include:
 - Installation of droplet-prevention measures (e.g. dividers/splash guards)
 - Installation of hand sanitisers at the entrance and reception
 - Regular disinfection and cleaning of tables, etc.
 - Signage, for example rules for washing hands, wearing masks, etc.
 - Disinfection of water dispensers and microwaves
 - Installation of foot signs in waiting line areas (at least one metre physical distancing)
 - Ventilation of the area
 - Workforce wearing gloves
 - Installation of hand-washing soap (pump type)

- Eating outside the dining area whenever possible, to avoid crowded places, close-contact settings, confined and enclosed spaces

6. Venue entrance: Pedestrian Screening Area (PSA) and Vehicle Screening Area (VSA) operations – Temperature screening procedure

- Everyone will have their temperature checked before entering a venue
- The first temperature measurement area will be in front of the entrance of each venue, before the PSA or VSA. Temperature will be measured by thermography or non-contact thermometer. See page 30 for more details

7. Isolation spaces at venues

- There will be an isolation space at each venue, located close to the relevant medical station
- If you have a fever, other COVID-19 symptoms or any symptoms of illness, you will be temporarily isolated in this space
- If you receive notification of a positive result from a screening test while at a venue, you will be temporarily isolated in this space. Inform your CLO and wait for further instructions

8. Additional considerations

- There will be increased temperature screening for all venue workforce. All screening will take place outside the venue perimeter
- Workforce numbers will be reduced to essential staff only
- Contactless apps will be promoted

WEBSITES AND SMARTPHONE APPLICATIONS

BEFORE YOU TRAVEL

To support the successful delivery of the Games and the safety of all Games participants, Beijing 2022 has developed the 'My 2022' application, which includes information provided by the Organising Committee, the City of Beijing and also general information. One of its functions is the **Health Monitoring System (HMS)**, available mid-November 2021. The 'My 2022' app will be available in Chinese and English.

If you are an overseas accredited Games participant, you will have to download the 'My 2022' application and log in to the Beijing 2022 Health Monitoring System (HMS) at least 14 days before travelling to China. You will be required to check your health status daily for 14 days before travelling and report your health status during your entire stay in China.

If you are a domestic accredited Games participant, you will also have to download the app and log in to the HMS. You will be required to check and report your health status daily, starting 14 days before the Games, during the Games and during post-Games quarantine.

1. Access and log-in

HMS can be accessed both via the 'My 2022' app on mobile devices and via a web browser on a PC.

Access via mobile devices

If you use iOS, you can download and install the 'My 2022' app in the App Store.

If you use Android and HarmonyOS, you can download and install the 'My 2022' app in Google Play store.

If you cannot access an app store, you can install manually by downloading the app package [here](#).

Access via PC

From mid-November, you can open the browser on a PC connected to the Internet and go to <https://hms.beijing2022.cn>

System log-in

Once the app is installed, open it and log in using your accreditation number for your username and the last six digits of your passport for your initial password. If you have not yet received your accreditation number, an initial login and password will be provided by Beijing 2022. You must modify the password once you are first logged in. The new password should contain a combination of numbers, letters (case sensitive) and special characters, no less than eight characters but no more than 20 characters. You will need to log in again after resetting the password.



WEBSITES AND SMARTPHONE APPLICATIONS

2. Commitment to truthful reporting

The first time you log in to the HMS, a page of Commitment to Truthful Reporting will be displayed. You are required to confirm that the personal data submitted is accurate and up-to-date. Click the 'Confirm' button to close the page.

After closing the Commitment page, click the buttons (on mobile) or left-hand menu options (on PC) to navigate to complete further actions.

3. COVID-19 vaccination information

Fill in the required information regarding your COVID-19 vaccine (including the manufacturer name of each dose and the date of vaccination) and upload the vaccination certificate.

4. Daily health information

Fill in your health information daily (including body temperature, any other symptoms and any medical or medication records) and epidemiological history starting 14 days before you travel to China.

5. COVID-19 (PCR) test results

You are required to take two COVID-19 (PCR) tests within 96 hours of your departure, one of them within 72 hours of your departure. Upload the negative test result certificate of the test taken within 72 hours to the HMS. This test must be done by a testing provider approved by your Chinese Embassy/Consulate. The other test is an additional requirement of Beijing 2022, the IOC and the IPC. You do not need to upload this test result, but are required to bring it with you to China. If you are required to have an IgM antibody test, please upload the test result as well.

6. Personal Information Summary Report

Here you can check your health information, including daily health information, COVID-19 (PCR) test results, etc.

7. Entry information

Before you travel to China, you are required to provide information about your travel plans (arrival date, flight number, seat number, planned departure date, etc.).

WEBSITES AND SMARTPHONE APPLICATIONS

In addition to the 'My 2022' app and the HMS, you will need to present two sets of **QR codes** required by Chinese authorities for travel to China.

1. Green Health Code (QR code)

Submit the test results certificate of a COVID-19 (PCR) test taken within 72 hours of your departure to the Chinese authorities to obtain the Green Health Code:

- Go to <https://hrhk.cs.mfa.gov.cn/H5/login>
- Click 'Register now' if it is your first time use
- After typing your email address, click on 'Get the verification code'
- Check your mailbox and enter the code in the 'Email verification code'. Check your spam/junk folder if nothing appears
- Tick the box of terms and conditions and then click 'The next step'
- Create a password. This will be used to log in for future use (e.g. viewing your green code)
- Select 'Foreign Passengers'
- Complete the security questions

- Select 'Apply for health declaration form' to submit screenshots of your negative results
- Fill in the form with your personal information and upload the required documents (including personal information page of passport, proof of residence, Games accreditation (PVC) or visa to China (for non-Chinese citizens only), itinerary, invitation letter, negative test result)
- Click 'Submit'

The Chinese Embassy/Consulate in your country/region will process the form, which will take them several hours. Once your data has been approved, the QR code will change from orange to green. You may need to refresh the page for the green code to appear. Keep a screenshot of the green QR code for the check-in at the airport.

2. Customs health declaration QR code

To obtain the customs health declaration QR code, you will be required to complete an additional form within 24 hours of your arrival in China:

- Go to <http://health.customsapp.com/home/pages/index/index.html>
- Complete the form; as you will be required to provide your seat number, you will need to do this after you have checked in for your flight to China (your final flight if you are travelling indirectly)
- Click on 'Declare' on the opening screen and complete the questions
- Be ready to provide details such as the name and phone number of the inviting party (your Beijing 2022 counterpart) as well as the address of the hotel you will stay in China. The form will not be able to be submitted until all sections are completed correctly
- Click 'Submit'

If all information was provided correctly, a customs health declaration QR code will appear. Keep a screen shot of the QR code to show when boarding your flight and on arrival in China.



WEBSITES AND SMARTPHONE APPLICATIONS

ENTERING CHINA

You will need to show your green QR code at the check in counter and possibly again at the boarding gate for your final flight to China. You may also have your temperature taken.

Upon arrival at Beijing Capital International Airport and once you have disembarked the aircraft, you will be asked to show your customs health declaration QR code to customs staff.

AT THE GAMES

You will be required to check and report your health status daily during your entire stay in China, using the HMS on the 'My 2022' app.

Additional information about the functions of the HMS (e.g. communication of positive test results during Games-time) will be provided when available, no later than in the December update of this Playbook.

LEAVING CHINA

You will be required to complete the health declaration on departure, following the same procedure as per your entry to China to obtain the customs health declaration QR code.



PERSONAL DATA PROCESSING

Some of the countermeasures in this Playbook require collecting and processing personal data of accredited Games participants. This includes biographical information (such as name, date of birth, accreditation number) and health-related data (such as body temperature, symptoms, health status report, vaccination status).

This data will be collected through screening tests, smartphone applications and other IT systems and on different occasions, before travelling to China and during the Olympic and Paralympic Games. It may be submitted by you, your NOC/NPC/CLO and/or third parties involved in the implementation of the countermeasures, for example laboratories.

Personal data will be processed in accordance with applicable laws and regulations by the following entities (each for their respective operations): Beijing 2022, Chinese authorities (including the Chinese National Government, local authorities and other authorities in

charge of health and safety protocols), the IOC, the IPC and others involved in the implementation of the countermeasures, including NOCs/NPCs/IFs (where applicable), healthcare and medical service providers.

Additional information on processing personal data in the context of the countermeasures will be communicated in due course and will complement the 'Information Notice on the Processing of Personal Data of Participants and other Accredited Persons for the Olympic and Paralympic Games Beijing 2022'.

Separate notices and/or privacy policies may also be available for specific data processing activities, such as the use of the Beijing 2022 HMS and other mobile applications and IT systems managed by Beijing 2022 or by competent Chinese authorities.

COMPLIANCE AND CONSEQUENCES

The measures documented in this Playbook have been established based on latest scientific evidence, expert advice and best practices from other international events. We draw to your attention that risks and impacts may not be fully eliminated and that you agree to attend the Olympic and Paralympic Winter Games at your own risk. We trust that these measures are proportionate to mitigate the above-mentioned risks and impacts and we fully count on your support to comply with them.

As part of the accreditation process and related documents for the Olympic and Paralympic Winter Games, your NOC/NPC will bring some information relating to these measures to your attention: in particular, that compliance with the rules of the Playbook is necessary in order for you to be granted your accreditation and maintain it; and that, in some cases, these measures may also involve the processing of your personal information, including health-related information. In light of the above, we count on you to ensure that you have read carefully and understood the contents of this Playbook (including any further updates thereto), and

abide by the rules contained therein, as well as with any further instructions that may be issued by the Chinese authorities, the IOC, the IPC, IFs, Beijing 2022 and/or your NOC/NPC.

Your compliance with such rules and instructions is key to successfully achieve our common objective: to ensure that the health of all the participants in the Olympic and Paralympic Winter Games are protected, and that the Games are safely staged.

Non-respect of the rules contained in this Playbook may expose you to consequences that may have an impact on your participation in the Olympic and Paralympic Winter Games, your access to Games venues and, in some cases, on your participation in competitions. Failure to comply with these rules such as refusal to take a test, going to destinations not included in the list of permitted destinations or intentionally disrespecting mask wearing or physical distancing measures, may result in disciplinary consequences. These disciplinary consequences may be imposed by the IOC (for the Olympic Winter Games),

the IPC (for the Paralympic Winter Games) and/or your NOC/NPC in accordance with their respective rules and regulations.

COMPLIANCE AND CONSEQUENCES

In case of an infringement of any rules contained in this Playbook on the occasion of the **Olympic Winter Games** and without limiting the consequences or sanctions imposed by your NOC/NPC or other competent authorities or entities, you may be exposed to the following non-exhaustive range of potential consequences in accordance with the Olympic Charter:

- Warning(s)
- Temporary or permanent withdrawal of your accreditation
- Temporary or permanent ineligibility or exclusion from the Games (with the consequences set forth in the Olympic Charter)
- Disqualification (with the consequences set forth in the Olympic Charter)
- Financial sanctions

Such consequences may be imposed upon you in accordance with the procedure described in the Playbooks Disciplinary Regulations applicable to the Games established by the IOC.

In case of an infringement of any rules contained in this Playbook on the occasion of the **Paralympic Winter Games** and without limiting the consequences or sanctions imposed by your NOC/NPC or other competent authorities or entities, you may be exposed to the following non-exhaustive range of potential consequences:

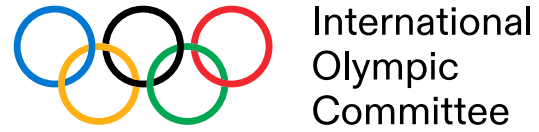
- Warning(s)
- Temporary or permanent withdrawal of your accreditation
- Temporary or permanent ineligibility or exclusion from the Paralympic Games
- Disqualification
- Financial sanctions

Your NOC/NPC may have enacted regulations, such as codes of conduct or specific rules in connection with COVID-19, that may contain similar and/or additional rules than those contained in the Playbook. In the event of a breach of any such rules, the consequences and related sanctions are under the authority of your NOC/NPC in accordance with the aforementioned regulations and may therefore apply to you.

Your IF may have enacted specific regulations which may contain consequences in connection with COVID-19 for your sport/discipline/event and therefore apply to you and/or your team. Kindly note that, in the event there are discrepancies between such regulations and this Playbook, the latter will prevail.

Please be aware that some of the measures described in the Playbook, such as those related to the entry into and departure from China, are under the jurisdiction of the Chinese authorities.

In the event you have questions about the non-respect of this Playbook, you can speak to your CLO in the first instance, who will determine the appropriate next steps. CLOs will receive further information and support on situations of non-respect of the Playbooks.



The Playbook has been developed jointly by the Beijing Organising Committee for the Olympic and Paralympic Winter Games 2022, the International Olympic Committee and the International Paralympic Committee. All trademarks are the property of their respective owners.